**Activating Identities and Futures**

**Reflection Checklist**

**During your learning journey and at the end, reflect and note the learning that has occurred.**

**This can inform the Progress Checks and Appraisal.**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: / /23

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Skills | Capabilities | Knowledge | Identity | Output of Learning |
| Communication  Critical Thinking  Decision making  Goal achieving  Goal setting  ICT  Learning strategies  Literacy  Metacognition (knowing how to learn)  Numeracy  Physical  Practical (How to..)  Planning  Other learning  Practical  Soft skills – other  Technical  Thinking quickly, accurately and/or positively | Collaborative  Critical and Creative Thinking  Embracing challenge / opportunities  Ethical Understanding  ICT  Intercultural understanding  Interpersonal  Intrapersonal  Learning strategies  Literacy  Numeracy  Quality Thinking  Reasoning  Personal and Social  Self-Motivated Learning | About communication  About groups or teams  About people  Fact/s  Feedback (how to get it, give it and/or use it)  Implicit (suggested though not directly expressed.)  Inferential (Knowledge created by thinking)  Opinion/s  Perspective/s  Posteriori (considered to be true based on experience, observation, or existing data)  Procedural  Tacit (understood or implied without being stated.)  Topic/ subject  Specific  Trivia | Agency  Belonging  Career / study goals  Career/ study goals  Confidence  Cultural  Family  Future/s  Hobbies  Interest/s  Personal Connections  Language  Personal Enterprise  Self-regulation  Value/s  Vocabulary | Action/s  Connection with others  Change in myself  Change in others.  Decision/s  Feedback  Impact on self or others  Judgments    Knowledge  Learning experience/s  Learning strategy/ies  New idea/s  Opportunity/ies  Perspective/s  Physical change  Plan/s  Presentation  Product  Object  Qualification  Understanding/s  Useful space or product |