**Understanding and Demonstrating Development of Capabilities,**

**Some Sentence starters…**

**Chosen Capabilities (one or more):**

* **Literacy**
* **Numeracy**
* **Intercultural Understanding**
* **Personal and Social**
* **Critical and Creative Thinking**
* **Ethical Understanding**
* **Information and Communication Technology (ICT)**

**Understanding my chosen capability/ies and what it means in my Research Project**

The development of (the capability) is important because…

There are several ways to develop the capability of… for my Research Project I have chosen to focus on … because..

In my future study / work / career I will need to be able to….

One of the important features of the capability of …. .is…. I have developed this capability by..

Before doing this part of my Research Project, I needed to improve my…

I have developed this capability enormously / moderately / somewhat by locating information / analysing articles / conducting a survey / interviewing / etc etc

The most significant skill I learnt (about this capability) is that..

…… was unlike anything I had experienced before in the Research Project….

This shows / demonstrates that I..

Other less significant / important skills / features / aspects that I learnt about ….. was..

On a closer examination / look / analysis of my thoughts / skills / knowledge of …. from doing the [research activity] I now understand…

The best decision / choice in my research is to… because not only did it [help locate, find the information I needed on…] but I also developed my understanding of [chosen capability]…

The evidence from my research on….. suggests that I have been developing my chosen capability of …..

Other less important features of the capability of…. Is…

# Reference

Hipwell, P. (2012). *How to write what you want to say : a guide for those students who know what they want to say but can't find the words.* Brisbane: Logonliteracy.